



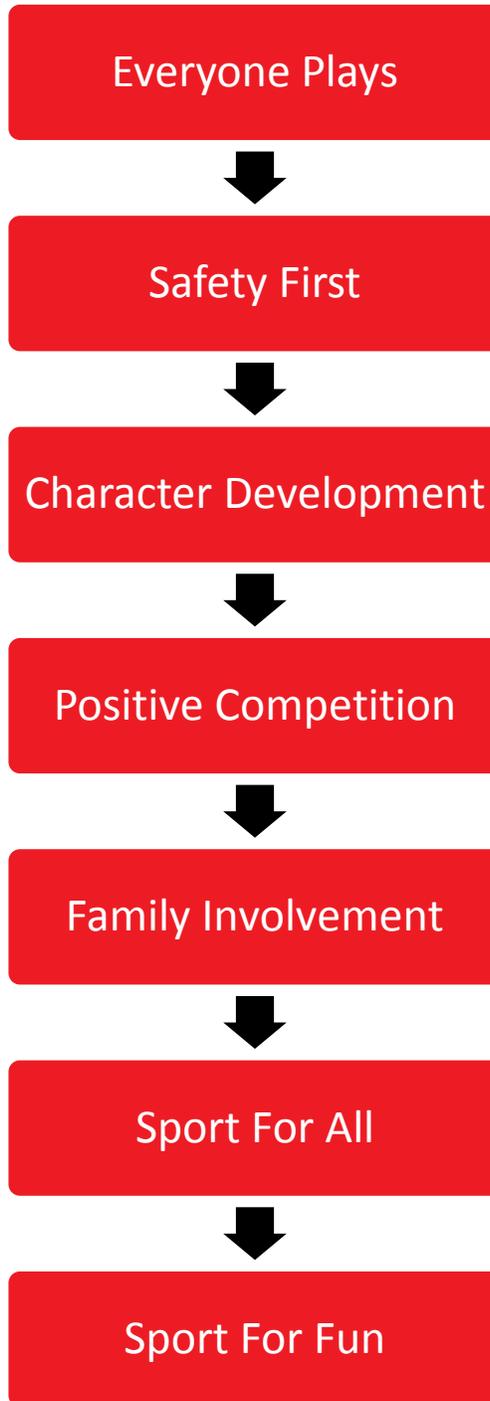
INDOOR SOCCER

Mites & Rec



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7 Pillars of YMCA Youth Sports



League Rules:

- **MITES League:** PreK: Play 3 Vs. 3 (minimum of 3 on floor to play); No goalie.
 - K thru 6th Grades: Play 6 Vs. 6 (minimum of 5 on the floor to play)
- Coaches will referee the Mites Division games.
- Home team (white) will kick off the 1st half. The Visiting team (red) will kick off the 2nd half.
- PreK Division: There will be 20 minute practice prior to start of the game with a 5 minute break. The game will consist of two - 15 minute halves with a 5-minute half time break.

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- **Rec League:** K – 6th Division: There will be 10 minute practice followed by two – 20 minute halves with a 3 minute half time break.
 - **Score is not kept in this league.**
 - The referee will stop play for injuries. No overtime will be played.
 - No offsides.
 - Out of bounds will be on the sidelines where the spectators are located and the ceiling. An indirect kick will result where the ball goes out. Players may use the wall to pass or kick the ball off of.
 - There are no throw-ins
 - Any stoppage of play will result in an indirect kick.
 - At a kick-off:
 - The Home Team will kick off the 1st half. The Visiting team will kick off starting the 2nd half. The ball will be put back into play after a goal has been scored with the team being scored upon kicking off from center field. On the kick-off the ball must move forward. You may **NOT** score directly from a kick off.

- Indirect Kick: Another player on the field must touch the ball before it can be counted as a goal scored. Awarded for all violations.
- Drop Ball:
 - After a temporary suspension of a play (for unsportsmanlike conduct, injury, a double foul, instructions to players) the referee shall restart the game by a drop ball (must hit the ground before it can be played). A drop ball may be used if the ball goes out of bounds and the referee cannot determine who touched the ball last. A goal can be scored only by an indirect kick from a dropped ball. If play was stopped in the penalty area, the game shall be restarted with a drop ball at the nearest point.
- Goal kicks will be allowed if the ball gets stuck between the goal and the wall. The ball will be placed inside the goal box.
- Substitutions can be made on the fly.
- **No jewelry** can be worn during the games. The child will be asked to take the jewelry off.
- **Equipment:** Youth Sports jersey (red & white reversible nylon mesh jersey), tennis shoes only- **No cleats**. Shin guards are **mandatory** & must be covered.
- Coaches must play each player equal time.
- Goalie:
 - The goalie will be allowed to pick up the ball inside the goal box. The goalie is allowed 6 seconds to throw the ball or place on the floor and kick down the court. The goalie **CAN NOT** pick up the ball and drop kick it down the court, due to the overhead lights at the Y. The Mites Division will not have a goalie. K through 6th grade divisions will have a goalie, which is included in the number of players on the floor.

